

volunteering and work experience placements

newsletter – June 2022

A TIME TO SAY Find out more VOLUNTEERS' WEEK



Welcome to the first edition of our quarterly newsletter, which will showcase our comprehensive calendar of events across all our voluntary programmes, and shine the spotlight on our successes!

We have purposefully chosen to launch the newsletter during **'Volunteers' Week'** to say a big thank you for all of your hard work!

What is Volunteers' Week?

Volunteers' Week is an annual event which takes place from 1-7 June. It is an opportunity to recognise the immeasurable contribution which volunteers make to our communities.

It is important to note that volunteers have played a key role since the inception of the programme and in response to the most recent pandemic. Sanctuary Care thanks you for your efforts in playing a part in enriching the lives of our residents!

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Sarah Clarke-Kuehn Chief Operating Officer – Commercial

looking back over the years...

In celebration of National Volunteers' Week, we would like to take the opportunity to look back on what we have achieved so far!

The programme was launched in 2018 to support our committed staff who continue to provide person-centred care, inspiring and fulfilling activities and create safe and stimulating environments for our residents.

Since its launch, the programme has positively impacted many areas of the business, including:



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- Increased community engagement
- Creating friendship networks
- Bridging the intergenerational gap
- Opening our doors/providing opportunities to communities
- Upskilling the workforce within our communities
- Increased activities in our homes

highlights

We are proud to reveal that we have completed 3,181 placements and logged circa 194,000 valuable placement hours since the programme started. Each of these placements have proudly delivered magical moments and inspiring stories.

We are delighted to share Teigen's story with you; Teigen was the proud recipient of the 'Young Citizen of the Year' award in 2019. She was awarded this due to her exceptional contribution whilst volunteering at **Chadwell House Residential Care Home**.

Please **CLICK HERE** to read her full story!



For more information.

please CLICK HERE



We have welcomed staff from world renowned companies such as **KPMG**, **Astra Zeneca**, **L'Oréal** etc. Who have volunteered in our homes as part of their Employee Volunteering benefit schemes.

During their visits, they spent time interacting with the residents as well as engaging in practical tasks such as painting and decorating.

One summer, we welcomed over 500 teenagers as part of the <u>National Citizen</u> <u>Service</u> (NCS) programme. We would like to offer a special thank you to those who took part in this programme for raising more than £4,000 for Sanctuary Care homes, £2,000 of which was used to transform the garden at <u>Lake View Residential Care Home</u> in Telford.

CLICK HERE to read more.

Although we are only 1 of 42 organisations in the UK certified as an Approved Activity Provider for the Volunteering section of the DofE awards, many aspiring health professional students have chosen to carry out their placements at Sanctuary Care. Many of these individuals have gone on to gain admission into Dentistry, Nursing and Medical schools.

The stories highlighted above are just a few of the many highlights which have taken place over the past four years, however, our greatest accomplishment is that over 80 of our placements have resulted in paid employment, with many more to come!



upcoming events

Some of the main events which are taking place in the next few months are detailed below. If you are interested in supporting us with these events, please speak to your supervisor in advance:

- Platinum Jubilee Celebrations 2nd 5th June
- Wimbledon Starts
- Wimbledon Finals
- **Commonwealth** Games
- Weekend at the Seaside
- 27th June
- 9th 10th July
- 28th July 8th August
- 26th 29th August



Not only is volunteering beneficial to the health and wellbeing of our residents, it's also proven to enhance the wellbeing of our volunteers. By helping others, we release endorphins which boost our feelings of self-worth, which in turn promotes a sense of wellbeing. Additionally, volunteering can also enable individuals to gain valuable skillsets and experiences, which enhances both capabilities and confidence.

Summary of Roles

- Volunteer befriender
- Walking volunteer
- Events volunteer
- Volunteer entertainer
- Hairdressing/beauty volunteer
- Catering assistant volunteer
- Leisure and activities volunteer
- Volunteer driver
- Gardening volunteer
- Day care centre volunteer
- Housekeeping volunteer
- Reception Volunteer

As the great British weather is set to improve, we are seeking assistance from those of you who have magical 'green fingers'. Don't worry, we have a suite of gardeners to tend to the

lawn mowing and hedge trimming, we do however, require your skills to attend to more delicate matters such as planting flowers and pruning. The residents are really looking forward to getting outside and planting flowers too.

We want to make this year even bigger and better in order to make up for the time lost during the pandemic.

Please share our voluntary opportunities with your friends, family and loved ones.

The application link can be accessed by <u>CLICKING HERE!</u>

The residents truly enjoy your company and are looking forward to seeing you all again soon!



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