



Week 1

Today's Menu Monday

Breakfast

Continental Breakfast, Porridge, Cereals,
Toast with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

Lunch

Homemade Cream of Lentil Soup

or

Quiche Lorraine with Salad

or

Assorted Sandwiches

Pears and Cream

Afternoon Tea

Homemade Cake

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.



Evening Meal

Chicken in a Creamy Mushroom and Leek Sauce
served with mashed potatoes,
sauté courgette and carrots

or

Tomato, Basil and Garlic Pasta
served with garlic bread

Gooseberry Crumble and Custard

Alternatives for Lunch & Evening Meals include:

Jacket potato with various fillings, assorted salads
and sandwiches, omelettes
or please request other alternatives

Ice cream, yoghurt, fresh fruit
or please request other alternatives

Supper

Milky Drinks with Biscuits, Sandwiches
and Snacks available



Week 1

Today's Menu

Tuesday

Breakfast

Continental Breakfast, Porridge, Cereals,
Toast with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

Lunch

Homemade Chicken Soup

or

Macaroni Cheese served with Garlic Bread

or

Assorted Sandwiches

Orange sponge and Custard

Afternoon Tea

Homemade Biscuits or Cookies

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.



Evening Meal

Braised Gammon and Parsley Sauce
served with mashed potatoes,
savoy cabbage and sweetcorn

or

Mushroom Stroganoff served with rice

Fruit Cheesecake and Cream

Alternatives for Lunch & Evening Meals include:

Jacket potato with various fillings, assorted salads
and sandwiches, omelettes
or please request other alternatives

Ice cream, yoghurt, fresh fruit
or please request other alternatives

Supper

Milky Drinks with Biscuits, Sandwiches
and Snacks available



Week 1

Today's Menu

Wednesday

Breakfast

Continental Breakfast, Porridge, Cereals,
Toast with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

Lunch

Homemade Mushroom Soup

or

Spicy Lamb Kofta with rice

or

Assorted Sandwiches

Rhubarb Fool

Afternoon Tea

Homemade Cake

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.



Evening Meal

Roast Topside of Beef and Yorkshire Pudding
served with roast potatoes, broccoli and
cauliflower florets

or

Vegetable Chilli and Rice
served with green salad

Treacle Sponge and Custard

Alternatives for Lunch & Evening Meals include:

Jacket potato with various fillings, assorted salads
and sandwiches, omelettes
or please request other alternatives

Ice cream, yoghurt, fresh fruit
or please request other alternatives

Supper

Milky Drinks with Biscuits, Sandwiches
and Snacks available



Week 1

Today's Menu

Thursday

Breakfast

Continental Breakfast, Porridge, Cereals, Toast with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

Lunch

Homemade Carrot and Coriander Soup
or
Coronation Chicken with Jacket Potato
or
Assorted Sandwiches

Lemon Meringue Pie and Cream

Afternoon Tea

Homemade Scones

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.



Evening Meal

Sausages

served with Grain mustard mashed potatoes,
green beans and carrots

or

Spicy Tomato and Chickpea Casserole

served with couscous

Apple Pie and Cream

Alternatives for Lunch & Evening Meals include:

Jacket potato with various fillings, assorted salads
and sandwiches, omelettes

or please request other alternatives

Ice cream, yoghurt, fresh fruit

or please request other alternatives

Supper

Milky Drinks with Biscuits, Sandwiches
and Snacks available



Week 1

Today's Menu

Friday

Breakfast

Continental Breakfast, Porridge, Cereals, Toast with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

Lunch

Leek and Potato Soup

or

Ham, Egg and Croquette Potatoes

or

Assorted Sandwiches

Crème Caramel

Afternoon Tea

Homemade Cake

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.



Evening Meal

Battered Cod or Poached Fish in sauce
served with chips, baked beans
and/or mushy peas

or

Mediterranean Vegetable Crumble with salad

Creamy Rice Pudding

Alternatives for Lunch & Evening Meals include:

Jacket potato with various fillings, assorted salads
and sandwiches, omelettes

or please request other alternatives

Ice cream, yoghurt, fresh fruit

or please request other alternatives

Supper

Milky Drinks with Biscuits, Sandwiches
and Snacks available



Week 1

Today's Menu

Saturday

Breakfast

Continental Breakfast, Porridge, Cereals, Toast with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

Lunch

Homemade Cream of Tomato Soup

or

Tuna Pasta Bake

or

Assorted Sandwiches

Banoffee Pie and Cream

Afternoon Tea

Homemade Cookies

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.



Evening Meal

Lamb Hotpot served with carrot and swede mash and cut
green beans

or

Creamy Egg Curry
served with Bombay Potatoes and salad

Fresh Fruit Salad and Cream

Alternatives for Lunch & Evening Meals include:

Jacket potato with various fillings, assorted salads and
sandwiches, omelettes or please request
other alternatives

Ice cream, yoghurt, fresh fruit or please request other
alternatives

Supper

Milky Drinks with Biscuits, Sandwiches
and Snacks available



Week 1

Today's Menu

Sunday

Breakfast

Continental Breakfast, Porridge, Cereals,
Toast with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

Lunch

Homemade Cream of Vegetable Soup

or

Pizza with Chips and Salad

or

Assorted Sandwiches

Creamy Tapioca

Afternoon Tea

Homemade Cake

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.



Evening Meal

Roast Loin of Pork with Homemade Apple Sauce
served with roast potatoes, sprouts
and roast parsnips

or

Nut Roast served with roast potatoes, sprouts
and roast parsnips

Chocolate Brownie and Custard

Alternatives for Lunch & Evening Meals include:

Jacket potato with various fillings, assorted salads and
sandwiches, omelettes or please request
other alternatives

Ice cream, yoghurt, fresh fruit or please request other
alternatives

Supper

Milky Drinks with Biscuits, Sandwiches
and Snacks available