

# Sanctuary Care Limited

# Rushyfields Residential and Nursing Home

#### **Inspection report**

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Date of inspection visit: 10 March 2021

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#### Ratings

# Overall rating for this service Inspected but not rated Inspected but not rated

# Summary of findings

#### Overall summary

Rushyfields Residential and Nursing Home is a care home registered to provide accommodation and nursing and personal care for up to 41 people. There were 39 people using the service at the time of our inspection. The home is purpose built and provides accommodation over two floors.

We found the following examples of good practice.

- The home had measures in place to prevent visitors from catching and spreading infection. Visitors were appropriately screened for COVID-19. The home had a visiting pod which relatives could access without having to enter the main building.
- The home supported social distancing wherever possible. Seating was spaced apart in communal areas. Staff break times were staggered and the home had created an additional staff room to provide more space.
- The home had sufficient supplies of PPE. All staff were observed to be wearing appropriate PPE and were trained in its use. There were fully stocked PPE stations and hand sanitisers throughout the home.
- Measures were in place to support and assist communication throughout the pandemic. Video contact and telephone calls with relatives were encouraged wherever possible. The home had pictorial cards to help support people's understanding and communication with staff.
- The home was clean and tidy. The home had a thorough cleaning schedule in place including additional cleaning of frequently touched areas such as door handles, rails and key code pads.
- All staff had completed infection prevention and control (IPC) and COVID-19 training. Laminated signs were placed throughout the home reminding staff of their responsibilities. There was a noticeboard in the staff room which displayed the most up to date government guidance.
- The registered manager spoke very highly of the staff team. We were told how staff had pulled together, worked extremely hard, and shown strong levels of commitment to the home.
- The provider had up to date and comprehensive IPC policies in place. The provider and the registered manager carried out regular infection control audits and 'spot checks'. The provider had offered good support throughout the pandemic.

### The five questions we ask about services and what we found

We always ask the following five questions of services.

| Is the service safe? | Inspected but not rate |
|----------------------|------------------------|
|----------------------|------------------------|

Further information is in the detailed findings below.



# Rushyfields Residential and Nursing Home

**Detailed findings** 

# Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 10 March 2021 and was announced.

# Is the service safe?

## Our findings

S5☐ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.