



offering the community
a taste of the
volunteering experience



about us

Established in 1995, we have over 100 care homes across the UK and one hospital service.

As part of Sanctuary Group, a not-for-profit organisation, we reinvest surplus income back into our homes.

We believe in giving our residents every opportunity to lead happy, enriched lives, whether that is supporting them to keep up with a favourite hobby or trying new things.

opportunities for volunteering

In our homes we have a wide range of opportunities to suit volunteers' availability, skills and interests. The following includes but are not limited to:

- Befriending
- Leisure and Social Activities
- Gardening and Maintenance
- Driving
- Events
- Team Volunteering
- Clerical and Administration
- Kitchen/Catering
- Housekeeping
- Clerical and Administration



3 ways to get involved

- Register your interest on sanctuary-care.co.uk
- Contact the care home directly
- Contact our Volunteer and Work Experience Team on **01905 335 539.**

and we will ask you to

- Complete an application form
- Invite you for a chat (get to know you better and vice versa)
- Chase up references and DBS check (we cover the cost of this)
- Invite you for an induction
- You take up a meaningful volunteering opportunity and have FUN.

aim

It's a great way for us to support our residents to stay connected with their local communities and have the special one-to-one time and stimulation that volunteers can offer.

Not all of our residents have family or friends who can visit them regularly so volunteers can offer a valuable link to the wider world, by giving their attention to individual residents, or by sharing their skills and experiences with a small group.

how much time will it involve?

The easy answer is as little or as much time as you like - from a couple of hours a week to a few days a month. At Sanctuary Care, we appreciate that our volunteers are giving up their free time to support us which is why we are flexible to meet everyone's needs. We do however require a six month commitment.



notable partnerships

the campaign to end loneliness

The Campaign to End Loneliness inspires thousands of organisations and people to do more to tackle loneliness in older age. There are 1.2 million chronically lonely older people in the UK and 9 million lonely people. We are pleased to announce that Sanctuary Care is a proud supporter of the loneliness project. To learn more, please visit the campaign to end loneliness website or/and watch the following two films (six minutes long) to learn more about the campaign. Together, we can #EndLoneliness.

Please click on the links below to view some supporting videos.

1. Be More Us Video -

[Campaign to End Loneliness](#)

2. Could You Go It Alone Video -

[The Loneliness Project](#)



employee volunteering CiC

Making it easy for businesses and communities to work towards a common goal! Employee Volunteering CiC help companies implement dynamic and rewarding employee volunteering programmes across the UK.

The benefits of bringing businesses and communities together are endless and well documented. It improves employee engagement, recruitment, skill development and retention within a company.

pets as therapy

A national charity providing therapeutic visits to health and social care services.

Volunteers with just a small amount of spare time each week work with their own pets to bring joy, comfort and companionship to many individuals who appreciate being able to touch and stroke a friendly animal.

the Duke of Edinburgh's Award (DofE)

Sanctuary Care is officially a DofE Volunteering Approved Activity Provider.

Being a recognised approved activity provider enables us to offer meaningful volunteering opportunities to young volunteers committed to volunteering for up to three to 12 months

vinspired awards

Vinspired is the UK's leading volunteering charity for 14 - 25 year olds. Sanctuary Care is pleased to announce that we are a vInspired Awards provider.

The vinspired Awards recognise and reward young people between 14 and 25 for their volunteering and social action projects. Boosting CVs and employability, the Awards help with college and University applications, and support professional development.

dementia friends – an Alzheimer's Society initiative

Since 2017, we have been a Dementia Friends registered organisation and as such are able to imbed a Dementia Friends course as part of the volunteer and work experience eLearning induction.



a poem - could you be a volunteer?

By Rita Hardiman, resident at Ravenhurst Residential Care Home in
Stourport-on-Severn

Are you willing to be a volunteer?
To come into our Home
And be with a resident
Who might be sitting alone?

Are you really friendly?
And happy to come and chat
About anything and everything
Or even this or that?

Have you a sense of humour?
So you can make them laugh
And patience and kindness too
That would really help the staff

Can you play a game with them?
Which the person will enjoy
There's lots provided here
Which you could employ

Would you bring out card games?
Like Happy Families or Snap
Along with Snakes and Ladders
They'll fill an empty gap

Have you knitting skills?
That you could pass on?
Or there's a special dartboard
Making aiming a lot of fun

If you brought in some flowers
Arranging them would be fine
Could you do some simple baking?
Like biscuits or fairy cakes

We would provide the ingredients
Someone there is all it takes
Do you like painting nails?
The Ladies really love this

And after feel very smart
It's something that they miss
If you don't know what to talk about
There are cards to inspire chat

So memories of the old days
Can be revived while you're sat
Would you help with jigsaws?
Or there's quiz books galore

Our shelves are full of activities
You couldn't ask for more
Please think about volunteering
Morning, noon or night

The residents will be so grateful
And you'll feel just right

“ thank you for providing me with the opportunity to volunteer at your care home. It has given me many skills that I can take with me in my future **”**
volunteer



Sanctuary Care

enriching lives

contact us

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