

# volunteer skills checklist

	would like to support others to do	would like support to do	would like to do	would never like to do
Shopping				
Knitting				
Help with form filling				
Letter writing				
Playing or teaching music				
Gardening				
Outings				
Arts and crafts				
Talking with residence / reminiscence				
Woodwork				
Wildlife				
Using computers				
Fishing				
Cooking and baking				
Doing errands				
Sharing local history				
Reading out loud				
Have a go at anything				
Companion for leisure activities				
Meet and greet duties on reception				
Attending open day and ad-hoc events (such as BBQ's, charity days etc.)				
Watching television				
Playing cards				
Playing board games				
Playing dominoes				
Going out				
Anything else (please specify below)				

What do you like to do as a hobby?:

What do you enjoy doing in your spare time?:

What experiences do you bring from your past?:

Other areas covered, further comments:

Name:

Date:

Signature: