



Week 1

TODAY'S MENU

MONDAY

☀ BREAKFAST ☀

Continental Breakfast, Porridge, Cereals, Toast with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

☀ LUNCH ☀

Chicken in a Creamy Mushroom and Leek Sauce served with mashed potatoes, sauté courgette and carrots

or

Tomato, Basil and Garlic Pasta served with garlic bread

Gooseberry Crumble and Custard

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.

☀️ **AFTERNOON TEA** ☀️

Homemade Cake

☀️ **EVENING MEAL** ☀️

Homemade Cream of Lentil Soup

or

Quiche Lorraine with Salad

or

Assorted Sandwiches

Pears and Cream

Alternatives for Lunch & Evening Meals

include:

Jacket potato with various fillings, assorted salads, sandwiches and omelettes or please request other alternatives

Ice cream, yoghurt, fresh fruit or please request other alternatives

Supper:

Milky Drinks with Biscuits, Sandwiches and Snacks available

TODAY'S MENU

TUESDAY

☀ BREAKFAST ☀

Continental Breakfast, Porridge, Cereals, Toast
with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

☀ LUNCH ☀

Braised Gammon and Parsley Sauce
served with mashed potatoes,
savoy cabbage and sweetcorn

or

Mushroom Stroganoff
served with rice

Fruit Cheesecake and Cream



☀️AFTERNOON TEA☀️

Homemade Biscuits or Cookies

☀️EVENING MEAL☀️

Homemade Chicken Soup

or

Macaroni Cheese served with Garlic Bread

or

Assorted Sandwiches

Orange Sponge and Custard

Alternatives for Lunch & Evening Meals

include:

Jacket potato with various fillings, assorted salads and sandwiches, omelettes or please request other alternatives

Ice cream, yoghurt, fresh fruit or please request other alternatives

Supper:

Milky Drinks with Biscuits, Sandwiches and Snacks available

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.

TODAY'S MENU

WEDNESDAY

☀ BREAKFAST ☀

Continental Breakfast, Porridge, Cereals, Toast
with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

☀ LUNCH ☀

Roast Topside of Beef and Yorkshire Pudding
served with roast potatoes, broccoli and
cauliflower florets

or

Vegetable Chilli and Rice
served with green salad

Treacle Sponge and Custard

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member
of staff if you have a food allergy or intolerance.



☀️ AFTERNOON TEA ☀️

Homemade Cake

☀️ EVENING MEAL ☀️

Homemade Mushroom Soup

or

Spicy Lamb Kofta with Rice

or

Assorted Sandwiches

Rhubarb Fool

Alternatives for Lunch & Evening Meals

include:

Jacket potato with various fillings, assorted salads and sandwiches, omelettes or please request other alternatives

Ice cream, yoghurt, fresh fruit or please request other alternatives

Supper:

Milky Drinks with Biscuits, Sandwiches and Snacks available

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.



Week 1

TODAY'S MENU

THURSDAY

☀ BREAKFAST ☀

Continental Breakfast, Porridge, Cereals, Toast
with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

☀ LUNCH ☀

Pork Sausage Casserole
served with mashed potatoes,
sliced green beans and carrots
or
Spicy Tomato and Chickpea Casserole served with
COUSCOUS

Apple Pie and Cream

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.



☀️ AFTERNOON TEA ☀️

Homemade Scones

☀️ EVENING MEAL ☀️

Homemade Carrot and Coriander Soup

or

Coronation Chicken with Jacket Potatoes

or

Assorted Sandwiches

Lemon Meringue Pie and Cream

Alternatives for Lunch & Evening Meals

include:

Jacket potato with various fillings, assorted salads and sandwiches, omelettes or please request other alternatives

Ice cream, yoghurt, fresh fruit or please request other alternatives

Supper:

Milky Drinks with Biscuits, Sandwiches and Snacks available

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.



Week 1

TODAY'S MENU

FRIDAY

☀ BREAKFAST ☀

Continental Breakfast, Porridge, Cereals, Toast
with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

☀ LUNCH ☀

Battered Cod or Poached Fish in sauce
served with chips, baked beans and/or mushy peas
or

Mediterranean Vegetable Crumble with salad

Creamy Rice Pudding

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.



☀️ AFTERNOON TEA ☀️

Homemade Cake

☀️ EVENING MEAL ☀️

Leek and Potato Soup

or

Ham, Egg and Croquette Potatoes

or

Assorted Sandwiches

Crème Caramel

Alternatives for Lunch & Evening Meals

include:

Jacket potato with various fillings, assorted salads and sandwiches, omelettes or please request other alternatives

Ice cream, yoghurt, fresh fruit or please request other alternatives

Supper:

Milky Drinks with Biscuits, Sandwiches and Snacks available

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.

Week 1

TODAY'S MENU

SATURDAY

☀ BREAKFAST ☀

Continental Breakfast, Porridge, Cereals, Toast
with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

☀ LUNCH ☀

Lamb Hotpot

served with carrot and swede mash
and cut green beans

or

Creamy Egg Curry

served with Bombay Potatoes and salad

Fresh Fruit Salad and Cream

☀️ **AFTERNOON TEA** ☀️

Homemade Cookies

☀️ **EVENING MEAL** ☀️

Homemade Cream of Tomato Soup

or

Tuna Pasta Bake

or

Assorted Sandwiches

Banoffee Pie and Cream

**Alternatives for Lunch & Evening Meals
include:**

Jacket potato with various fillings, assorted salads
and sandwiches, omelettes or please request
other alternatives

Ice cream, yoghurt, fresh fruit or please request
other alternatives

Supper:

Milky Drinks with Biscuits, Sandwiches and
Snacks available

TODAY'S MENU

SUNDAY

☀ BREAKFAST ☀

Continental Breakfast, Porridge, Cereals, Toast
with preserves, Fresh Fruit, Fruit Juice
Cooked Breakfast available upon request

☀ LUNCH ☀

Roast Loin of Pork with Homemade Apple Sauce
served with roast potatoes, sprouts and roast
parsnips

or

Nut Roast served with roast potatoes, sprouts and
roast parsnips

Chocolate Brownie and Custard



☀️ AFTERNOON TEA ☀️

Homemade Cake

☀️ EVENING MEAL ☀️

Homemade Cream of Vegetable Soup

or

Pizza with Chips and Salad

or

Assorted Sandwiches

Creamy Tapioca

Alternatives for Lunch & Evening Meals

include:

Jacket potato with various fillings, assorted salads and sandwiches, omelettes or please request other alternatives

Ice cream, yoghurt, fresh fruit or please request other alternatives

Supper:

Milky Drinks with Biscuits, Sandwiches and Snacks available

Food Allergies and Intolerance: Before ordering your food and drinks please notify a member of staff if you have a food allergy or intolerance.